# **Expert Panel Assessment of 57 Monocultivar Olive Oils Produced from the Tuscan Germplasm**

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Abstract: An expert's panel according to the official method of International Olive Oil Council analyzed the organoleptic profile of the oils produced during one single harvesting season from 57 cultivars of the Tuscan germoplasm. The oils were grouped in three different clusters depending on the presence of different organoleptic features. The identified clusters of the extra virgin olive oils were compared for maturity index of the fruits and for the phenols content and acidic profile. Since phenols content and acidic profile depend on the genetic matrix hence the cultivar played a fundamental role on the overall quality. The majority of the varieties produced oils with the attributes requested by the local Protected Origin while others induced sensations, at the moment, not considered in the disciplinary of production like tomato or herbs. The presence of peculiar organoleptic attributes like tomato, sweet pepper, camomile or others is not common within the olive oils and they are present only to few varieties. The list of possible positive descriptors for the extra virgin olive oils could be enlarged or better specified including the terms of melon and chestnut flour. We proposed also the olfactory sensation of mushroom as reminiscent of the typical and pleasant odour of fresh cut mushroom as a possible new negative attribute of the extra virgin olive oil induced by the presence of antrachnose (Colletotrichum gloesporioides; Glomerella cingulata) on the olive fruits.

**Keywords:** Olea europaea L., cultivar characterisation, expert panel, official COI test, organoleptic descriptors, defect.

# INTRODUCTION

The marketing of extra virgin olive oil (EVOO) is increasingly directed towards the differentiation, characterization and protection of the origins. Only in Italy there are, to date, over 40 European Protected Denominations of Origin (PDO). The production of EVOO using a designation of origin include the organoleptic assessment by which, a group of trained tasters, grant that the product holds the established characteristic sensory profile. This is a combination of olfactory, gustatory tactile and kinaesthetic characters produced by a combination of genetic base and pedoclimatic conditions. In Tuscany the oils with protected geographic origin (PGI) or protected denomination of origin (PDO) can be produced by several different varieties mixed together or with a single variety. In the last few years, the production of oils from a single variety, defined monovarietal or monocultivar, has increased [1] since the sensory character is strongly affected by the genotype of origin. Producing monovarietal oil could be a marketing strategy to differentiate the product from the mass but could be also a method for the valorization and maintaining of the autochthonous germplasm suited for local climates or environmental conditions. All this considered, the establishment of the organoleptic characteristics of the EVOO that can be produced from a single cultivar

ful to understand the biodiversity, select plants for breeding,

increase quality, define typicality and even more, valorize

the positive attributes of the products going toward the ex-

pectations of the consumers [9].

is fundamental both for the oils under designation of origins that for those declared monovarietal moreover, the sensory

properties of EVOO play an important role in the evaluation

of the overall quality and in the preference among consum-

ers. Organoleptic assessment is also important because, even

though several investigations were carried out to find rela-

tionships between sensory perceptions and volatiles [2-5] or

With this research we studied the variation in the organoleptic profile of 57 Tuscan monocultivar EVOOs, produced in one single season, in order to gain information, select cultivars susceptible of a wider cultivation on the base of their positive characteristics and to enhance the valorization of the product on the market. We wanted also evaluate if the de-

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non-volatiles [2] compounds, the results of the chemical analysis are not able to describe all the sensations experienced during the tasting [6]. Although many studies have been conducted [6-8] and others are still in progress, a complete characterization of the oil that can be produced by each cultivar is yet to come. This is due to the great number of olive cultivars worldwide, only in Italy for instance it has been estimated the presence of at least 500 different cultivated genotypes. The knowledge of the characteristics of the monocultivar olive oils producible within a germplasm collection is fundamental: it can be use-

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scriptors used so far for the evaluation of the various Tuscan Protected Origin extra virgin olive oils could cover all the possible characteristic producible within the Tuscan olive germplasm.

#### MATERIALS AND METHODS

<u>Plant materials.</u> The National Research Council of Italy collected the olive germplasm within the Tuscany region with a large research program conducted for more than 15 years. The autochthonous cultivars that have been identified are at the moment 79 and they have been put in collection at the Santa Paolina experimental station in Follonica (42°56'30"N, 10°46'19"E).

Each cultivar has been morphologically [10] and genetically [11] characterized and is maintained in collection as a group of four cloned plants. A detailed description of the cultivars with complete and up to date morphological and molecular information is available in Italian at http://olivo.arsia.toscana.it/olivotoscano/. The olive orchard, is cultivated in dry farming under typical Mediterranean environmental conditions, using traditional management practices. In the autumn 2010, during a two-months period, all the cultivars which presented enough fruits to produce the necessary quantity of oil for analysis were harvested following their stage of ripening. Forty kilos of healthy fruits were harvested for each 4-plant groups and the maturity index (MI) proposed by Uceda and Frías [12] was calculated for the fruits. The index serves as a common marker for maturation level and is based on the color of the fruit. It includes the following eight classes: intense green (0), yellowish green (1), green with reddish spots (2), reddish brown (3), black with white flesh (4), black with < 50% purple flesh (5), black with ≥ 50% purple flesh (6) and black with 100% purple flesh (7). The fruits were hand harvested in the morning and processed in the same afternoon to avoid any possible alteration.

Oil production. The olives, after the harvesting, were immediately washed and then crushed by a two-phases Oliomio® continuous mill (Toscana Enologica Mori, Tavarnelle V.P., Italy). This machinery reproduces, at a small scale, the industrial system of oil extraction so that the resulting EVOOs were similar to those producible at a commercial large-scale. The mechanical extraction, conducted with a minimum addition of water during the transport to the centrifuge (2 L/h) was carried out to obtain an optimal recovery of biophenols which are related with several organoleptic attributes. All the operational conditions possibly affecting the quality of the oils (temperature and time of malaxation, speed of the centrifuge, flux of water in the separator) were kept steady to lower the variability among oil samples produced along the season. All the operations in the milling facility were carried out by a single operator. The oils at the exit of the horizontal centrifuge were immediately filtered with a cotton laboratory filter, divided in 100 ml sample bottles and analyzed within 15 days from the extraction.

Oil characterisation, Determination of acidity and peroxide values of the samples was performed by a FoodLab analyzer (CDR, Ginestra Fiorentina, Firenze, Italy; http://foodlab.cdr-mediared.it). Phenolic compounds were identified according to International Olive Oil Council (IOOC) COI/T.20/Doc. No. 29 method and quantitative re-

sults were expressed in mg/kg of tyrosol. The sensory analysis of the samples was performed by the expert panel of the chamber of commerce of Grosseto, recognized by Italian Ministry for Agriculture under the conditions described in the IOOC regulations (COI/T.20/Doc. No. 15/Rev. 1, 1996 [13] and COI/T.20/Doc. No. 22, 2005 [14]. The expert panel was composed of 10 assessors. A specific profile sheet was prepared including the following attributes: green or ripely fruit, sweet, bitter, pungent, grass, artichoke, herbs, tomato, almond. Since it was the first time that the group of tasters scored such a great number of different monocultivars oils we decided to add two lines for "others" attributes and it was specified that the tasters could use all the possible retronasal, aromatic olfactory sensations described in COI/T.20/Doc. No. 22, 2005 but the tasters were also advised to describe any other possible personal recognized sensation. Only when the majority of tasters scored "others" the value of the intensity of the described sensation was used for the statistics performed over the oils. Medians of the attributes were calculated as in COI/T.20/Doc. No. 15/Rev. 1, 1996. Basic statistics and UPGMA cluster analysis were performed by the Systat 11 program (Systat Software Inc. Richmond, CA, USA).

## **RESULTS**

The list of the 57 cultivars from which it was possible to harvest the quantity of fruit necessary for the production of the oil is showed in Table 1, they represent 72% of the total number of cultivars in collection.

The names of the cultivars are listed following the order of the harvesting and each date is presented also as day of the year (DOY). The harvesting period was of 48 days, starting with Melaiolo at the middle of October and ending with Leccio del Corno at the beginning of December. The date of the harvesting and the stage of ripening of the fruits affects the chemical characteristics of the produced oils and for this reason we tried to pick the fruits in a reduced range of the maturity index. About 67% of the cultivars were harvested with values of the index between 2 and 3, 9 cultivars were picked with fruits still yellowish green (MI<2) and 10 with reddish or black skin (MI>3). These values of MI are considered optimal for the quality of the oil that can be produced. All the oils produced along the season presented values of acidity below 0.8 % and peroxides <20 milliequivalents of active oxygen/kg oil (data not showed) and could be classified as extra virgins.

The mean values of the intensity of perception of each attribute evaluated by the panel of experts are reported in Table 2 where for each variable are also showed the minimum and maximum values among the samples, standard deviation, coefficient of variation and number of oil samples in which each single attributes was scored.

In seven oils the panel found other attributes listed in Table 3. In some of the oils like that one of Americano, Cucca, Leccio Maremmano and Tisignana were scored two or three different attributes while in Cuoricino, Gremigna Tonda and Lastrino the majority of the tasters scored a single sensation of respectively sweet pepper, camomile, and banana.

Using the value of each organoleptic attribute as parameters for the calculation of the dissimilarity among the oils it was possible to cluster the 57 monocultivar oils and the plot

Table 1. Code and Name of the Cultivars Belonging to the Tuscan Germplasm Used for the Production of the 57 Monocultivar Extra Virgin Olive Oils. The Cultivars are Listed in the Order of the Harvesting Date Expressed Also as Day of the Year (DOY)

Code	Name	Date	DOY	Code	Name	Date	DOY
1	Melaiolo	15/10	288	30	Mignolo	5/11	309
2	Maurino	15/10	288	31	Arancino	5/11	309
3	Olivo S. Lorenzo	18/10	291	32	Morchiaio	5/11	309
4	Leccino	18/10	291	33	Leccione	5/11	309
5	Scarlinese	19/10	292	34	Rossellino Cerretano	5/11	309
6	Pendolino	19/10	292	35	Aretino	11/11	315
7	Ginestrino	19/10	292	36	Lazzero Pratigiano	19/11	323
8	Filare	20/10	293	37	Rossello	20/11	324
9	Madonna impruneta	20/10	293	38	Lastrino	20/11	324
10	Colombana	20/10	293	39	Moraiolo	20/11	324
11	Colombino	20/10	293	40	Gremigna Tonda	23/11	327
12	Cuoricino	21/10	294	41	Punteruolo	23/11	327
13	Rossino	21/10	294	42	Quercetano	24/11	328
14	Gremigno di Fauglia	21/10	294	43	Lazzero	24/11	328
15	Emilia	22/10	295	44	Mortellino	24/11	328
16	Lazzero di Prata	22/10	295	45	Americano	25/11	329
17	Allora	22/10	295	46	Da Cuccare	26/11	330
18	Olivastra Seggianese	22/10	295	47	Gremignolo di Bolgheri	26/11	330
19	Pendagliolo	26/10	299	48	Correggiolo	27/11	331
20	Giogolino	26/10	299	49	Cucca	27/11	331
21	Madremignola	26/10	299	50	Olivo del Mulino	29/11	333
22	Lazzero delle Guadalupe	27/10	300	51	Frantoio	29/11	333
23	Tisignana	27/10	300	52	Ciliegino	30/11	334
24	Rosino	28/10	301	53	Mignolo Cerretano	30/11	334
25	Pesciatino	28/10	301	54	Olivo di Casavecchia	1/12	335
26	Mansino	29/10	302	55	Puntino	1/12	335
27	Tondello	29/10	302	56	Leccio Maremmano	2/12	336
28	Piangente	4/11	308	57	Leccio del Corno	2/12	336
29	S. Francesco	4/11	308				

Table 2. Minimum, Maximum, Mean, Standard Deviation and Coefficient of Variation of Each Descriptor Within the 57 Monocultivar EVOOs. The Number of Samples Indicates the Number of Oils with the Correspondent Descriptor. SD=Standard Deviation CV= Coefficient of Variation

Descriptor	Min	Max	Mean	SD	CV	No of Samples
Greenly fruit	2.8	6.7	5.2	0.1	0.13	54
Ripely fruit	0	3.3	0.6	0.9	1.49	22
Sweet	0	2.9	1.1	0.9	0.76	40
Bitter	3.5	6.0	4.6	0.5	0.10	57
Pungent	3.1	6.0	4.9	0.5	0.10	57
Grass	0	5.0	2.6	0.7	0.29	56
Artichoke	0	3.0	2.2	0.7	0.32	55
Herbs	0	2.2	0.2	0.5	2.38	11

Table 2. cont....

Descriptor	Min	Max	Mean	SD	CV	No of Samples
Tomato	0	2.8	0.2	0.6	2.5	10
Almond	0	2.0	0.1	0.4	3.9	4
Others	0	1.7	0.1	0.3	3.5	7

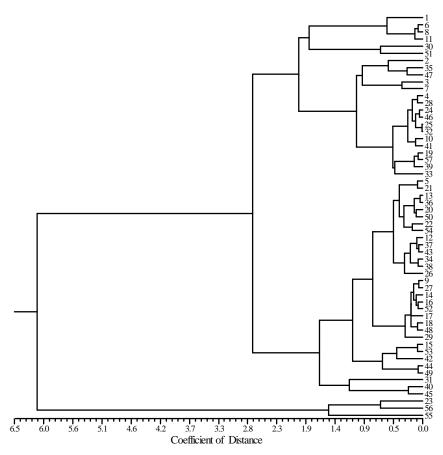


Fig. (1). Plot of tree produced by UPGMA cluster analysis of the 57 Tuscan monocultivar extra virgin olive oils using the value of each organoleptic attribute as parameter for the calculation of the dissimilarity among oils. Using a distance value of 2.7 it is possible to evidence three different clusters. The features of the oils of each cluster are reported in Table 4. The numbers correspond to the code of the cultivar listed in Table 1.

of the tree produced by UPGMA cluster analysis is showed in Fig. (1).

Table 3. Olfactory Sensations Described by the Tasters within the 7 Oils with Others Descriptors as Indicated in Table 3.

Code	Cultivar	Olfactory sensations		
45	Americano	Flowers, mature fruits (melon, apple)		
49	Cucca	Mature fruits (melon), mushroom		
12	Cuoricino	Sweet pepper		
40	Gremigna Tonda	Camomile		
38	Lastrino	Exotic fruit (banana)		
56	Leccio Maremmano	Flowers, mushroom		
23	Tisignana	Flowers, mature fruits		

The mean values of each attribute within each of the three clusters of oils are showed in Table 4. In the same table are also showed the values expressed by the evaluators relatively to the color of the oils, the mean date of harvesting and the total biophenols content averaged among the oils belonging to the group.

# **DISCUSSION**

As it can be seen in Table **3** some attributes like bitter and pungent were found by the tasters in all the samples since these two sensations are recognized as the main components of the freshly produced EVOO. The intensity of both of them had a similar range varying from about 3-3.5 to 6. Bitter and pungent are, of course, correlated each other (r=0.60) and to the presence of other unripe attributes like grass or artichoke that were both described in almost all the oils. This strong presence of unripe sensations in the oils was due to the low MI of the fruits used for the oil production which caused 54 oils over 57 to be recognized from the

Table 4. Clusters, Number of Oil Samples in Each Cluster and Mean Value (± Standard Error of the Mean) of Each Organoleptic Attribute within the Cluster. For each cluster is also Indicated the Mean Value of the Color Attribute, Date of Harvesting (doy) Maturity Index (mi) and Biophenol Content (mg/kg)

Variable	Cluster 1 23	Cluster 2 31	Cluster 3
Greenly fruity	$5.6 \pm 0.1$	$5.0 \pm 0.1$	$4.3 \pm 0.3$
Ripely fruit	$0.1 \pm 0.1$	$0.7 \pm 0.1$	$3.0 \pm 0.2$
Sweet	$0.4 \pm 0.1$	$1.5 \pm 0.1$	$2.2 \pm 0.4$
Bitter	$4.9 \pm 0.1$	$4.5 \pm 0.1$	$4.0 \pm 0.3$
Pungent	$5.2 \pm 0.1$	$4.9 \pm 0.1$	$4.1 \pm 0.5$
Grass	$3.0 \pm 0.1$	$2.3 \pm 0.1$	$1.1 \pm 0.6$
Artichoke	$2.5 \pm 0.1$	2.1 ± 0.1	$0.4 \pm 0.4$
Herbs	$0.3 \pm 0.1$	$0.1 \pm 0.1$	0
Tomato	$0.5 \pm 0.2$	0	0
Almond	$0.2 \pm 0.1$	0	$0.9 \pm 0.6$
Others	$0.1 \pm 0.1$	0	$0.3 \pm 0.3$
Green	$4.1 \pm 0.3$	$3.4 \pm 0.3$	$0.6 \pm 0.3$
Yellow	$4.3 \pm 0.3$	$4.8 \pm 0.2$	5.3 ± 1.3
DOY	307 ± 3	312 ± 3	$309 \pm 12$
MI	$2.4 \pm 0.1$	$2.6 \pm 0.1$	$3.2 \pm 0.1$
Total biophenols	570 ± 37	$450 \pm 27$	281 ± 30

tasters mainly as oils with greenly fruit overall sensation [15]. The presence of ripely fruit attributes in 22 samples was due to the fact that the tasters experienced a green/ripe mixed flavor in 19 oils while only 3 were completely ripely fruit, hence 32 samples had only completely greenly fruit sensation. The score of the ripely fruit sensation was always lower compared to that one of greenly fruit, reaching a maximum median of 3.3 within the samples. The presence of the sweet sensation was recorded in 40 oils but with low median (maximum 2.9). The attributes of herbs and tomato was found in a similar number of samples (about 18-19% of the total) while the attribute of almond was found only in 4 oils. In 7 oils (12% of the total) was possible to score the "others" attributes listed in Table 4. Most of them like flowers, apple, camomile, banana, sweet pepper, are included in the list of the attributes listed in IOOC, while others like melon, always well described independently by the tasters, could be classified like as "exotic fruit" sensation together with banana. The presence of the mushroom sensation in two different samples could be due to the presence of a defect in the product. Some of the fruits of these two cultivars were partially affected by the attack of a fungus (Colletotrichum gloesporioides Penzig). The mould evidently was not enough to ruin completely the quality of the oils, since they had all the chemical characteristics to be classified as extra virgins, but could be detected as a peculiar sensation by the tasters. Saffron, chestnut flour and coffee were the organoleptic attributes found from few tasters in some of the oils. Since the oils were produced at same condition we cannot consider these as defects, due for example to the presence of high temperature during malaxation or mechanical action of the crusher on the stones. The numbers of assessors finding these attributes was always too low to assure the security that that peculiar sensation was distinctive of that particular oil and we did not consider the score on statistics of Table 3 but always more than one taster (2 to 4) found the same character independently. This could be a signal of a drawback of the oil organoleptic assessment: the panel is used to evaluate hundreds of oils to determine if they contain any defects, hence cannot be considered extra virgin or virgin or, if operating within a GPI or PDO they can be able to tell if the samples own the characteristics of the determined origin, in our case the Tuscan PGI for instance, require mostly artichoke and grass, but the description of a novel sensation, not included in the list of the descriptors, can become difficult. Although we tried to harvest the fruit at the same MI we had a variation of this index within the samples and his known that the ripening influences the phenols content and the organoleptic features of the EVOO [16]. We found, within each of the three clusters, oils with more homogenous ripening stage of the fruits. In the cluster number three the statistics included 3 oils with higher MI (3.2) compared to those in the cluster two (MI=2.6) or one (MI=2.4). Also the total phenols of the oils of this small group was lower since it is well known that during the ripening there is a decrease of the total phenols in the fruits and in the produced oils [15, 17]. Although is not an organoleptic attribute considered in the official COI test, the color can be highly considered during an hedonistic evaluation of an oil sample and as it can be seen in Table 4 the oils in cluster three were more yellow and less green compared to all the others. The oils belonging to cluster 3 had also the presence of sensation of almond, flowers and soft fruits. The use of more ripe fruits could not be considered only negatively because evidently could produce oils less aggressive on the palate, with positive sensations of sweetness and pleasant flavor of mature fruits and flowers all characteristics that can positively affect the food acceptability by the consumers. Of course their lower phenols content could not protect them for a long time [18] during the storage and they will probably lose their positive attributes in a shorter time compared to other oils with higher phenols content [19, 20]. In the cluster number two 31 samples are grouped, representing the largest percentage of oils within the collection (54%). They had an average phenols content of 450 mg/kg, positive green attributes (Greenly fruit, grass, artichoke) associated to the presence of ripely fruit sensations (sweet) but with low herbs sensation and any tomato or "others". The oils grouped in the cluster number one were more green than the others, with very low ripe fruity sensations, with presence of tomato and herbs attribute. Also the presence of "others" olfactive attributes was scored, mainly due to green olfactory sensations of olive leaf, sweet pepper and fig leaf. The values of the bitter and pungent attributes are the higher among the others due to the highest phenols content, not depending on MI and DOY since these did not differ from those of cluster number two, but to the genetic origin of the oils. The genetic pool is also important in olive for the acidic profile of the oils: we did not showed here the lipid composition of the samples analysed and preliminarily exposed [21] but it is important to underline that also the composition of the lipid matrix can plays a key role in the perception of some attributes [22] in virgin olive oil, since for instance polyunsaturated matrices produce milder sensations and are less bitter than monounsaturated ones [23]. The samples belonging to the cluster number three had an average content of polyunsaturated acids of 17%, more than the double, than those of cluster two (7.3 %) or one (7.4%). This suggests that the knowledge about the organoleptic profile of the oil that can be obtained by each variety must be taken into consideration, keeping stable the extraction variables, maturity index and genetically constitutional features as phenols and lipidic matrix.

## **CONCLUSIONS**

With this work we showed that the sensory profile of the extra virgin olive oil produced from a single variety is deeply affected primarily by the maturity index of the fruits and correlated to both the phenols content and acidic profile, but these two variables depend on the genetic matrix hence the cultivar plays a fundamental role on the overall quality. Within the studied set only a small percentage of oils held peculiar and distinctive organoleptic attributes. At a practical level the work evidenced several varieties that for the intensity of organoleptic sensations, equilibrium among attributes or peculiar features could represent a step forward respect to the average quality level of the production realized using the widest cultivated varieties of the region. The majority of the varieties can produce oils with the attributes requested by the local PGI or PDO while others could give sensations presently not considered as tomato or herbs. The presence of peculiar easily assessable organoleptic attributes, like tomato, sweet pepper, camomile or others is not common within the olive oils and they are present only to few varieties within the Tuscan germplasm collection. The list of possible positive descriptors could be enlarged or better specified including the terms of melon and chestnut flour. We proposed also to take into consideration the olfactory sensation of mushroom as reminiscent of the typical and pleasant odour of fresh cut mushroom or fresh "porcini" mushroom like a possible new negative attribute of the extra virgin olive oil induced by the presence of antrachnose (Colletotrichum gloesporioides; Glomerella cingulata) on the olive fruits.

## CONFLICT OF INTEREST

The author confirms that this article content has no conflicts of interest.

### **AKNOWLEDGEMENTS**

We are grateful to Alessandra Betti and Andrea Caturelli for their valuable help during the harvesting, milling and preparation of the oil samples.

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Received: May 30, 2012 Revised: July 20, 2012 Accepted: July 23, 2012

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